



# BAY CLUB DOHA

## Fitness Class Schedule

FEBRUARY 2026

SUN	MON	TUES	WED	THU	FRI	SAT
8:15 – 9:15 Boot Camp	8:15 – 9:15 Boot Camp	8:15 – 9:15 Boot Camp	8:15 – 9:15 Boot Camp	8:15 – 9:15 Boot Camp		
		10:30 – 11:30 Sweat & Strength			10:00 – 11:00 Zumba	10:00 – 11:00 Sweat & Strength
15:50 – 16:50 Body Pump			15:50 – 16:50 Body Pump			
	17:00 – 17.55 Burn		17:00 – 17.55 Burn			17:00 – 17.55 Burn
18:05 – 19:05 Body Pump	18:05 – 19:05 Body Balance	18:05 – 19:05 Body Pump	18:05 – 19:05 Zumba	18:05 – 19:05 Body Pump		
19:15 – 20:15 Yoga	19:15 – 20:15 Zumba					

Classes subject to surcharge and for bookings please contact Bay Club Doha