



BAY CLUB DOHA

Fitness Class Schedule

Oct 2026

SUN	MON	TUE	WED	THU	FRI	SAT
8:15 – 9:15 Boot Camp	8:15 – 9:15 Boot Camp	8:15 – 9:15 Boot Camp	8:15 – 9:15 Boot Camp	8:15 – 9:15 Boot Camp		
		10:30 – 11:30 Sweat & Strength			10:00 – 11:00 Zumba	10:00 – 11:00 Sweat & Strength
	17:00 – 17:55 Burn		17:00 – 17:55 Burn			17:00 – 17:55 Burn
18:05 – 19:05 Body Pump		18:05 – 19:05 Body Pump	18:05 – 19:05 Zumba	18:05 – 19:05 Body Pump		
	19:15 – 20:15 Zumba					

Classes subject to a charge and for bookings please contact Bay Club Doha